

Glass Court Swim & Fitness Club

Fitness for a Lifetime

Basketball Gym Schedule

	Open Gym	Adult B-ball	Aerobics
Monday	1:00pm-5:20pm	5:30am-8:50am 10:35am-1:00pm 7:35pm-11pm	9:00am-10:35am 5:30pm-7:35pm
Tuesday	1:00pm-5:20pm 7:40pm-11pm	5:30am-9:20am 10:35am-1:00pm	9:30am-10:30am 5:30pm-7:35pm
Wednesday	1:00pm-4:00pm	5:30am-9:20am 10:30am-1:00pm 4:00pm-5:50pm 7:35pm-11:00pm	9:30am-10:30am 6:00pm-7:35pm
Thursday	1:00pm-5:25pm	5:30am-9:20am 11:45am-1:00pm 7:40pm-11:00pm	9:30am-11:40am 6:00pm-7:00pm
Friday	1:00pm-8:30pm	5:30am-9:20am 10:30am-1:00pm	9:30am-10:30am
Saturday	7:00am-8:50am 10:30am-8:30pm	NONE	9:00am-10:30am
Sunday	8:00am-7:00pm	NONE	NONE

Please note: All classes have a 10 min. set up time prior to scheduled class time. Adult Basketball is age 17 and older. Closing times and class schedule are subject to change depending on holidays and summer hours.